LIFE 425 church

ROMANS: THE GOSPEL CHANGES EVERYTHING

Week 13 Notes: "The Battle Within"

Season 2: The Gospel Experienced | Romans 7:14–25

BIG IDEA: We all struggle with sin, but our hope isn't found in trying harder. Our hope is found in Jesus.

1. Knowing What's Right Doesn't Mean We'll Always Do It

Romans 7:14–17

"I do not understand what I do. For what I want to do I do not do, but what I hate I do." — Roma ns 7:15 (NIV)

- God's Word shows us what's right, but knowing isn't the same as doing.
- Sin affects our thoughts, attitudes, desires, and decisions.

Remember: Knowing what's right doesn't automatically give us the power to do what's right.

2. Trying Harder Isn't Enough to Change the Heart

Romans 7:18–23

"For I have the desire to do what is good, but I cannot carry it out." — Romans 7:18 (NIV)

- Good intentions alone cannot overcome sin.
- God's law reveals our need, but only God can transform our hearts.
- Spiritual growth requires dependence on Jesus.

Remember: We need more than determination. We need God's transforming power.

3. Our Hope Isn't in Ourselves — It's in Jesus

Romans 7:24–25

"Who will rescue me from this body that is subject to death? Thanks be to God, who delivers me through Jesus Christ our Lord!" — Romans 7:24–25 (NIV, excerpt)

- Jesus accomplished what we could never do for ourselves.
- Our salvation rests on His finished work, not our perfect performance.
- Through Christ, we have forgiveness, grace, and new life.

Remember: Our greatest need isn't another strategy. It's a Savior.

BRINGING IT HOME — Three Questions

1. Be honest: What struggle do I need to bring before God?
2. Depend on Jesus: Am I relying on my own strength or on Him?
3. Remember grace: Am I allowing past failures to define me instead of trusting God's forgi veness?

THIS WEEK'S CHALLENGE

Take one area of your life where you're struggling. Bring it honestly before God in prayer, ask fo r His help, and take one step of obedience.

A PROMISE TO REMEMBER — Romans 8:1

“Therefore, there is now no condemnation for those who are in Christ Jesus.”

THE TAKEAWAY

The struggle is real, but the struggle isn't the end of your story. Jesus is.

Life 425.Church | Where Faith Meets Life | Wednesdays at 7 PM